

### Thursday, October 19, 2023

# EWS FRC



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Thank you to everyone who joined us this week for Parent-Teacher Conferences. Your attendance and support of what the Swallow Team is doing each day with your children is so very appreciated. We hope that you found the information shared at conferences to be beneficial in allowing you to know where your child is at academically and where the next steps for continued growth will be.

In passing through conferences this week. I have heard families asking "what can we be doing at home to help our child in their skills. There are so many ways to make skill development fun and engaging so that your child does not feel like they are doing extra work. I have included some ideas below.

Math: How many math facts can you solve before the light turns green? When grocery shopping, practice the 'dollar up' strategy License plate game: add/subtract/multiply the numbers on license plate. Identify the number (single digit to multidigit)

Reading: Alphabet hunt on billboards/road signs. First one to 'z' wins. Put letters on license plates in alphabetical order Read the same book as your child and have a reading journal with back and forth dialogue about the book.



Having ADHD is like holding 100 marbles.



with ADHD



ADHD and Time Blindness

Help us, help you! Our team is not only here to help students, we are a resource for you too. If you have a question we can answer? Click the 'contact us' icon to submit your question or additional support you may need.





# NEWS FROM The MFST

#### Support Staff



Nelly Fischer







**Kathy Monis** 

Sarah Moreno





Doug Neuman

Tabitha Oleksy





Jen Rahebi

Andrea Tarkowski





Sarah Walsh

Jenn Willbond



## IN HONOR OF ADHD, DYSLEXIA AND SPINA BIFIDA AWARNESS MONTH



News Nation Media Coverage: Celebrities with ADHD

90 Famous People with ADHD



<u>Health Research Funding Article:</u> <u>Celebrities with Spina Bifida</u>



Famous people with dyslexia

<u>Dyslexia Association of</u> <u>Singapore: Video</u>



The Hawks Nest and Student Services Team works hard to ensure every student can be as successful as possible. We have put together an <u>Amazon Wish List</u> of various items that would help us better support and serve all kids. If you are interested in taking a look, we would be extremely grateful for your consideration.